A plane wave traveling in the +y-direction in a lossy medium ($\varepsilon_r = 4$, $\mu_r = 1$, $\sigma = 10^{-2}$ S/m) has $\overline{\mathcal{E}} = 30\cos(10^9 \pi t + \pi/4) \hat{a}_z$ V/m at y = 0. Find:

a)
$$\overline{\xi}^{a} at y = lm, t = 2ns$$

(10.18) $\overline{\xi} = \sqrt{j} \frac{1}{2} \frac{1}{2$
